# Way of the Cross

Based on *The Way of the Cross*, St. Alphonsus Liguori, and *The Way of the Cross*, Pope John Paul II

Words and Music by VINCE AMBROSETTI



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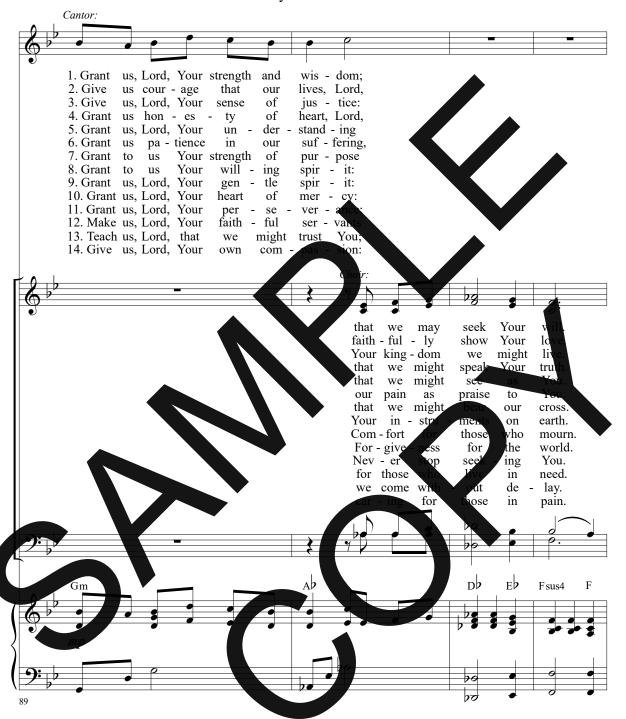


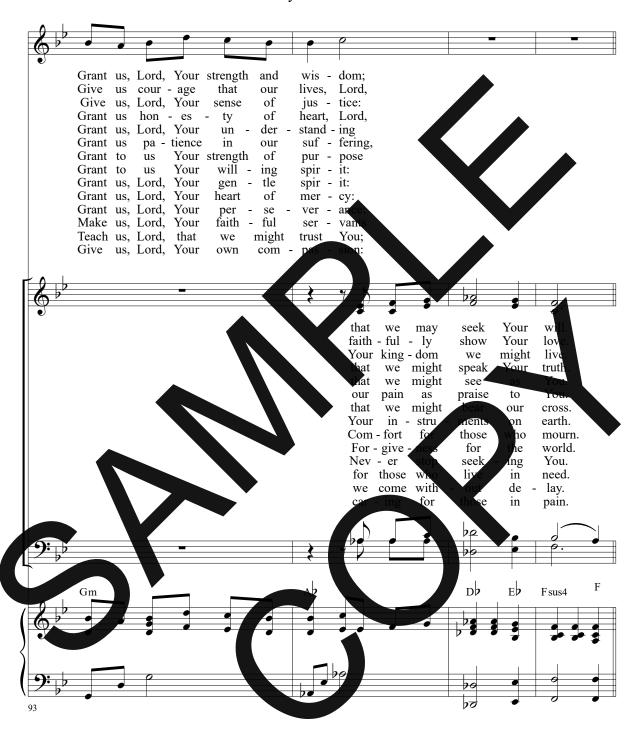






















GATHERING PRAYER: (at measure 21) O Jeous, we are about to walk with You through the stages of Your agony and death. We are about to spend a brief time renewing the sacrifice that gave us the life of a Christian, that upholds us by the graces You have won, and brings us along the road to a salvation that all took place and continues today by Your sacrifice on the cross. Help us to understand a little better, to love a little more, and to give of ourselves more generously by our use of these fifteeen remembrances of Your divine vocation.

### First Station: Jesus in the Garden of Gethsemane (at measures 69 & 97)

SCRIPTURE READING: Then Jesus came with them to a place called Gethsemane, and he said to his disciples, "Sit here while I go over there and pray." He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. Then he said to them, "My soul is sorrowful even to death. Remain here and keep watch with me." He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will." When he returned to his disciples he found them asleep. He said to Peter, "So you could not keep watch with me for one hour." Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak." Matthew 26.36-41

PRAYER: Jesus, just as Your disciples were insensitive to Your anguish, we too are sometimes uncaring about those who are suffering encotional and mentalpain. Awaken within us compassion, so that we may be more present to the suffering of others, and do what we can to lessen their burdens.

## Second Station: Jesus, Betrayed by Judas is Arrested

SCRIPTURE READING: While he was still speaking, Judas, one of the Twelve, arrived, accompanied by a large crowd, with swords and clubs, who had come from the chief priests and the elders of the people. His betrayer had arranged a sign with them, saying, "The man I shall kiss is the one; arrest him." In mediately he went over to Jesus and Said "Hail, Rabbi!" and he kissed him. Jesus answered him, "Friend, do what you have come for." Then steeping forward they laid hands on Jesus and a rested him. Matthew 26:41-50

PRAYER: Jous, even though we have been unfaithful to You. You have remained faithful to us. Keep us this did of our own human fraility lest we betray your trust in us. Unlike Judas, who turned away from You may we turn to You for mercy and torgiveness.

## Third Station: Jesus is Condemned by the Saubedrin

scripture Rivoling: When day came the council of elders of the people met, both chief priests and surbes, and they brought him before their Sanhedin. They said, "If you are the Messiah, toll us," but he replied to them, "If thell you, you will not believe, and if I question, you will not respond. But from the time on the Son of Man will be seated at the right hand of the power of God." They all asked, "Are you then the Son of God?" He replied to them. You say that I am." Then they said, "What further need have we for testimony? We have heard it from his own nouth." Luke 22:61-71

PRAYER: Jesus, You suffered in justice at the hands of the self-righteous. As Your followers, strengthen us when we must accept anjust treatment from others. Give us the courage to engage in the struggle for injustice in our world.

#### Fourth Station: Jesus is Denied by Peter

SCRIPTURE READING: Now Peter was sitting outside in the courtyard. One of the maids came over to him and said, "You too were with Jesus the Galilean." But he denied it in front of everyone, saying, "I do not know what you are talking about!" As he went out to the gate, another girl saw him and said to those who were there, "This man was with Jesus the Nazorean." Again he denied it with an oath, "I do not know the man!" A little later the

the bystanders came over and said to Peter, "Surely you too are one of them; even your speech gives you away." At that he began to curse and to swear, "I do not know the man." And immediately a cock crowed. Then Peter remembered the word that Jesus had spoken: "Before the cock crows you will deny me three times." He went out and began to weep bitterly. *Matthew* 26:69-75

PRAYER: Jesus, out of fear Peter denied You, but, in the end was moved to repentance. Do not abandon us when we deny You out of human frailty, but bless us with tears of repentance for our sins.

## Fifth Station: Jesus Is Judged by Pilate

SCRIPTURE READING: As soon as morning came, the chief priests with the elders and the scribes, that is, the whole Sanhedrin, held a council, they bound lesus, led him away, and handed him over to Pilate. Pilate or coloned him, "Are you the king of the Jews?" He said to him in reply, "You say so?" The chief priests accused him of many things. Again Pilate questioned him, "Have you no answer? See how many things they accuse you of." Jesus gave him no further answer so that Pilate was amazed. Pilate, withing to satisfy the crowd, released Barubas to them and, after he had Jesus scourged, handed him over to be crucified. *Mark* 137, 3, 15

PRAYER: Jesus, like Plate, we too can resist the voice of God that comes to us from so many sources, including other people events, and even dreams. May human weakness fear of failure, or the clambr of the most never overpower the dutet voice of our conscience.

#### Sixth Station: Jesus Is Scourged and Crowned with Thorns

SCRIPTURE READING. Then Pilate took Jesus and had him scourged. And the soldiers were a crown out of thorns and placed it on his bead, and clothed him in a purple cloak, and they came to him and said, "Hail, King of the Jews!" And they struck him repeatedly. John 19-13

PRAYER: Jessis, in silence You suffered the cruelly and the prockery of the Roman soldiers. Our of deep love for us you endured so much. May we see Your face in every human being we meet, especially in the most persecuted and abandoned.

## Seventh Station: Jesus Bears the Cross

SCRIPTURE READING: When the thief priests and the guards saw him they cried out, "Crucify him, crucify him!" Pilate said to them, "Take him yourselves and crucify him. I find no guilt in him." They cried out, "Take him away, take him away! Crucify him!" Pilate said to them, "Shall I crucify your king?" The chief priests answered, "We have no king but Caesar." Then he handed him over to them to be crucified. So they took Jesus, and carrying the cross himself he went out to what is called the Place of the Skull, in Hebrew, Golgotha. *John 19:6, 15-17* 

PRAYER: Jesus, Barabbas was set free while You, the innocent one, were put to death for the sins of all. With grateful hearts, we pour out our thanks for the many gifts You have given us through the cross, especially forgiveness of sin.

## Eighth Station: Jesus Is Helped by Simon the Cyrenian

SCRIPTURE READING: They pressed into service a passer-by, Simon, a Cyrenian, who was coming in from the country, the father of Alexander and Rufus, to carry his cross. *Mark* 15:21

PRAYER: Jesus, on Your lonely journey, You welcomed the harp of Simonta passer-by. At first, he shouldered Your cross with anger, but later accepted it willingly. In truth, we all feel resistance to bearing the cross. Give us courageous hearts to bear our own burdens and generous hearts to share the burdens of others.

#### Ninth Station: Jesus Meets the Women of Jerusalem

SCRIPTURE READING: A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus usned to them and said, "Daughters of Jerusalem, do not weep for me; weep instead for yourselves and for your children, for indeed, the days are coming when people will say. Blessed are the barren, the wombs that never bore and the breasts that never nursed.' At that time people will say to the mountains, 'Fall upon us!' and to the hills 'Cover us!' for if these things are done when the wood is green what will happen when it is dry?" Luke 23:27-31

PRAYER: Jesus, You asked the women to weep to themselves and then children Give us the tears of true sorrow for our personal sins and have mercy on the sins of our generation.

## Tenth Station: Jesus Is Crubified

SCRIPTURE READING: When they came to the place called the Skap, they crucified him and the criminals there one on his right, the other on his left. Then Jesus said, "Father, forgove them, they know not what they do not have 33:33-34.

PRAYER: Jesus, the three hours You spent on the cross were hours of letting go: Your robe to some soldier, You mother to John, and Your life for the world. Teach us the difficult art of letting go, of dying daily to self so that at our last your we may surrender our lives into Your loving hands.

## Eleventh Station: Jesus Promises His Kingdom to the Good Thief

SCRIPTURE READING: Now one of the criminals hanging there reviled Jesus, saying, "Are you not the Messiah? Save yourself and us." The other, however, rebuking him, said in reply, "Have you no fear of God, for you are subject to the same condemnation? And indeed, we have been condemned justy for the sentence we received corresponds to our crimes, but this man has done nothing criminal." Then he said, "Jesus, remember me when you come into your kingdom." He replied to him, "Amen, I say to you, today you will be with me in Paradise." Luke 23:39-43

PRAYER: Jesus, by offering salvation to the thief who repented, You gave hope to all sinners. Make us aware that Your cross is a sign of forgiveness, even for hardened sinners. Lead us to accept Your forgiveness, so that like the good thief, we too might be welcomed into paradise.

### Twelfth Station: Jesus Speaks to His Mother and the Disciple

SCRIPTURE READING: Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved, he said to his mother woman, behold, your son." Then he said to the disciple, "Behold, your mother." nd from that hour the disciple took her into his home. John 19:25-27

f Mary as PRAYER: Jesus, the mystery of suffering must have pierced the stood beneath Your cross. At that hour, in the midst of her suffering Mary beg mother of us all. May we find shelter beneath her mantel of care.

#### Thirteenth Station: Jesus Dies on the Cross

SCRIPTURE READING: It was now about ver the whole land and d ness can The veil of the temple until three in the afternoon because of n eclipse the sun was torn down the middle. Jesus cried out in a lovel voice, "Father, into your hands I be breathed his last. Luke 23:44 commend my spirit"; and when he had said this

PRAYER: Jesus, through Your divine patience, goodness and forgiveness, You open the eyes of the Centurion. Deep faith so t at we may also see You presenting patience, goodness and forgiveness

#### ųs 1 **Fourteenth Station:**

Naced in the Tomb When it evening, there came SCRIPTURE READING m Arimathea rich man f to Pilate a named Joseph, who was himself a disciple of Jesus. He went asked for the s; then Pilate ordered it to be handed over. Taking body of Jesu e bo Joseph wrapped it in clean line in his new tomb that he had bewn in ck. Then he rolled a n and laid entrance to the tomb and de 57-60 huge stone acro

PRAYER: Jesus, You gave Joseph the strength break through e fears that bound him. the power of Your Spirit so that e may overcome Il fear and announce of Your death and resurrection. od ne

CLOSING PRAYER: (at measur 122) Jesus, we have journeyed with You through Your hs and weaknesses within the human heart. We have man heart, with as light and its shadows. Give us true and have seen the streng discovered within us that same ths and our weaknesses and to have a compassionate humility to acknowledge our stre heart for others.

FINAL PRAYER: (at measure 150) Lord Jesus Christ, Your Passion and death is a sacrifice that unites earth and heaven and reconciles all people to You. May we who have faithfully reflected on these mysteries follow in Your steps and so come to share Your glory in heaven, where You live and reign with the Father and the Holy Spirit, one God, forever and ever. Amen.